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Welcome to our annual report

2021/2022

Welcome from Andrew Nisbet, Chair liveArgyll

On behalf of the board of liveArgyll I am delighted to introduce our fifth annual report. I would like to start by taking a moment to reflect on the circumstances of the last year which, similar to the previous, can be described as extremely challenging. I would like to express my sincere thanks to the management team and staff who have responded exceptionally well to the many challenges, adapting positively to changing and emerging events during what was a period of tremendous uncertainty. It is testament to their professionalism and hard work that liveArgyll is well placed to resume activity from a stable platform.

As a Board we take our responsibility to protect the company's financial position and our ability to provide on-going services extremely seriously. Throughout the period of the pandemic we actively engaged with all funding partners in respect of continuation of support. We also ensured that wherever eligible we accessed all available UK and Scottish Government support. This allowed liveArgyll to retain staff, offer part services, enhance digital offerings and continue to operate in an environment where consumer confidence was low and associated self-generated income levels were vastly reduced.

I'm delighted to be able to record a considerable number of achievements during the year. Firstly, our ability to respond positively and timeously to ever changing circumstances must be recognised as a key success. The collective contribution from liveArgyll as an organisation and the contribution

of our individual staff members to the Argyll and Bute community in response to the pandemic was impressive and my thanks go to the very many people who represented our company whilst doing their bit. In respect of planning for the future and our continuing development, again, I'm pleased to record that we were able to progress with a number of strategic projects and initiatives linked to our stated proposals and priorities for change and which are underpinned by our Growth, Participation and Quality objectives.

These include:

- Continuing to meet our over-arching objective of being less reliant on external funding by agreeing a reduced 2022-23 annual services payment with Argyll and Bute Council;
- Launching our new Leisure Management System and customer booking app;
- Successful partnership working with **sportscotland** to deliver a revised Active Schools programme;
- A very successful on-boarding of the Community Learning service from the Council. liveArgyll are now operating as the lead delivery partner and an early inspection report highlighted very positive results;
- Continuing to be affordable, more specifically being able to hold our prices at 2019-20 levels;
- Implementation and planning of a range of facility development projects aimed at increasing capacity, improving services and offering, as well as adapting to changing customer behaviour.



These successes and the many others across the organisation are in no small part due to the commitment of our employees and volunteers. The support of our partners has been crucial during the financial year and I would like to thank everyone who has assisted our organisation in this challenging period.

Whilst we very much remain in an uncertain world, I am confident that liveArgyll is well placed to meet the many challenges ahead. I look forward to continuing to work on delivering our vision, which has never been so important, "our communities and visitors lead richer and more active lives".



OUR FACILITIES & SERVICES

LEISURE

Aqualibrium
Helensburgh Leisure Centre
Mid Argyll Sports Centre
Riverside Leisure Centre
Rothesay Leisure Centre

HALLS & COMMUNITY CENTRES

Queen's Hall, Dunoon
Victoria Hall, Campbeltown
Victoria Halls, Helensburgh
Ramsay Hall, Isle of Islay
The Corran Halls, Oban
Kintyre Community Centre
Lochgilphead Community Centre
Dunoon Community Centre
Moat Centre, Rothesay

LIBRARIES

Campbeltown
Cardross
Dunoon
Helensburgh
Lochgilphead
Oban
Rosneath
Rothesay
Tarbert
Tiree
Tobermory
Sandbank Office (*including Library
Headquarters and Local Studies*)
Islay Mobile Library

ARCHIVES

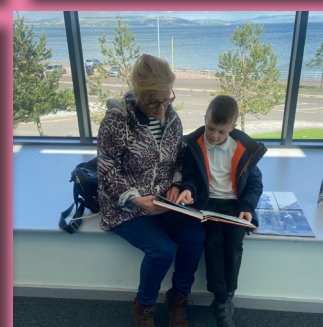
PITCHES

COMMUNITY LETS

CAMPBELTOWN MUSEUM

SERVICES

Active Schools and Sports Development
Community Learning
Wellbeing



THE ORGANISATION

LiveArgyll was launched on 2nd October 2017 and provides sport, leisure, recreation and cultural opportunities for the communities of Argyll and Bute.

LiveArgyll is a not-for-profit charitable company, limited by guarantee.

(Charity No SC047545)

We have 7 Trustees, all of whom are volunteers and support the strategic direction and governance of the company led by Kevin Anderson, General Manager.

OUR VISION

“Our communities and visitors lead richer and more active lives.”

OUR VALUES

EMPLOYEES CUSTOMER SERVICE

The trust values all employees. Through investment we will maximise their potential, helping them to achieve their career aspirations and deliver high quality customer service that exceeds expectations

We are passionate about delivering the highest level of customer service

SAFETY

Ensuring the health and safety of employees and customers, going above and beyond legal requirements to provide a safe environment for all

INCLUSIVE EXPERTISE

Continuing to adopt an inclusive approach, recognising and respecting the needs of all within our communities

The trust will continuously build and enhance the knowledge and expertise of its workforce and strategic partners to deliver high quality services that respond to our customers' needs

EQUALITY

Maintaining in depth policies and procedures to ensure equality in the workplace and for customers alike

DEVELOPMENT INNOVATION ASPIRATION

A continuous cycle of improving and introducing new products, services or processes

Understanding the need to be innovative across all areas of the business to reach and deliver new benchmarks in service delivery

The trust has a culture of being aspirational and will strive to challenge its status and align itself with continuous improvement and examples of best practice

LEISURE AND LIBRARY TRUSTS MATTER...

Why Charitable Trusts are great!



Charitable Trusts come in all shapes and sizes but they all have two things in common; to do good and make things better, and liveArgyll is no different as a local charity operating within Argyll and Bute.

Every penny made is reinvested back into local facilities and programmes. This cross-subsidy approach distinguishes the model from other public leisure services because profit generating activities subsidise non-profit generating activities such as health and wellbeing, libraries and outreach programmes. With a combined turnover of £2 billion a year, that's a lot of money going back into the local economy. It also enables income from users who can afford to pay to be ring-fenced to subsidise access to activities.

Importantly, Trusts don't have shareholders and they are not private businesses. liveArgyll is run by board members from the local community. liveArgyll work in partnership with the Council, we listen to communities and are fully transparent. Each trust delivers slightly different programmes which reflect the need within the community. It's not just councils our members partner with however. Partnership working is part of our DNA and we work with health and social care partners and other third sector organisations and charities both at local and national level.

How do Charitable Trusts make a difference?

Why do Trusts do what they do? Because all 113 Trusts across the UK share a passion to improve social, mental and physical wellbeing and the difference they make together is remarkable. Improving people's health and wellbeing means reducing the cost of treatment and care later in life. It can help reduce crime and improve educational outcomes as well as increasing personal happiness. That carries a social value of £1.5 billion.

This figure is from the Social Value calculator developed by Sheffield Hallam University in partnership with 4global and Experian. The social value calculator measures 15 outcomes grouped under 4 categories:

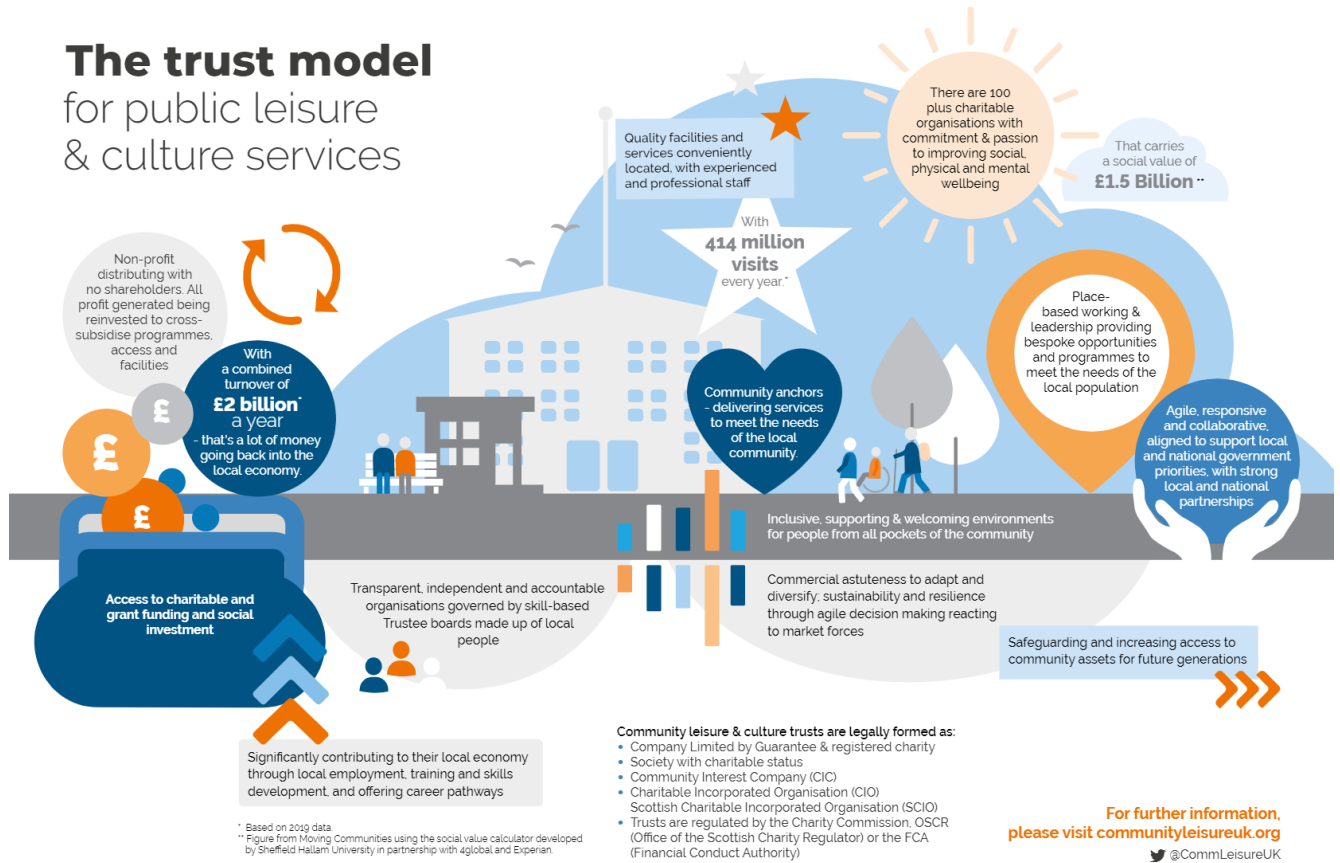
- Physical and mental health
- Mental wellbeing
- Individual development
- Social and Community development

This is an impressive figure but it is hard to convey or even imagine the thousands of individual lives changed for the better each year. From people now living healthier lives after embarking on their fitness journey to those living happier lives being part of a creative programme.



LEISURE AND LIBRARY TRUSTS MATTER...

The trust model for public leisure & culture services



A YEAR IN NUMBERS

£741,000

of grant income secured for the benefit of our communities



138,179

visits to extra-curricular club sessions

231

active schools volunteers

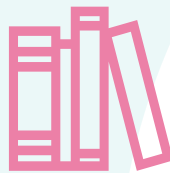


228

individuals were supported to take part in the Argyll Active exercise referral programme

797,000

downloads by our library members enjoying a range of free magazines and newspapers on pressreader



71,900

visits to libraries

236,000

visits to our pools, gyms, fitness classes and pitches



14

bookbug sessions every week across our libraries

1,425

children jumped into the pool as part of our learn to swim programme



340,000

Website visits increased from 135,000 in 20-21 up to 340,000 in 21-22

2021

In 2021 our very own Bibliographic Services and Local Studies Librarian Eleanor McKay was awarded an MBE for services to local studies



Social Media



Instagram
1410 followers



Twitter
612 followers



Facebook
2,601 page likes and **3,231** followers

298

took part in the 12 week challenge

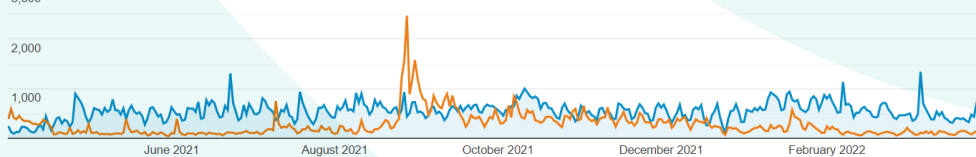


92

completed online Fitness Programmes form

Google Analytics

01-Apr-2021 - 31-Mar-2022: ● Users
01-Apr-2020 - 31-Mar-2021: ● Users



Users
101.79%
135,685 vs 67,242



New Users
107.28%
135,303 vs 65,276



Sessions
103.78%
234,636 vs 115,139



Number of Sessions per User
0.99%
1.73 vs 1.71



WHAT OUR CUSTOMERS SAY...

We actively encourage feedback from our customers through our website, in person in our facilities, and through surveys and focus groups. This helps us improve the services we offer. Customers are also encouraged to share their inspirational stories and provide testimonials, which we really appreciate. Here are a selection of comments we have received this year:

"I wish to extend my sincere gratitude and appreciation of the superb effort and achievement made by both Graham and Andy for the running and management of this boot camp. Their experience, professionalism and friendly encouragement clearly brought out the very best of each individual in a mixed group of ages and abilities."
(Fitness class customer)

"My son loved the week, really enjoyed the small sided games can't wait until the next one." (Football Programme Customer)

"As Secretary to the Scottish Community Drama Association Western Division I had booked the Queens Hall for a 3 day drama event we hold annually. I just wanted to drop you an e-mail to say how fantastic all the staff were. They could not do enough for us and nothing was a problem. Everyone attending commented on how helpful everyone was and how they made the whole event just so much easier to run. Staff just worked along with us and made things run so smoothly. Everyone we met was amazing, but I have to single out Duncan, Andrea, Caroline and Lauren for their huge amount of assistance, and David Campbell for our initial visits to see if the venue was going to be suitable. We will definitely be using the venue again – if we're allowed back!!" (Events Customer)

"The variety of newspapers and magazines we can access from home as library members is exceptional."
(Library Member)

"Our girls have had a great week at camp. They both enjoyed all the activities and loved the games. I've been really impressed and will definitely book again."
(Active Schools Customer)

"One of our daughters has struggles with anxiety and as a result has had a few struggles in the mornings getting to camp. This morning was particularly bad and ended up with her sister being upset too. I wanted to pass on how fantastic every single Active Schools coach was under the circumstances. They spent a lot of time with us trying to calm her down and persuade her to join in. The patience, encouragement, positivity and understanding they showed both girls was amazing and I wanted to highlight their efforts and pass on my sincere thanks and appreciation." (Active Schools Customer)

"Before being diagnosed with MS I was very fit, attending the gym/classes nearly every day. Since diagnosis I have attempted to go to the gym and attend classes. The instructors are all aware I have MS and advise me to go at my own pace, however I do find myself pushing too hard to keep up with others. This class is specially designed for people with health problems and exercises are tailored to our needs. This makes me feel so much better." (Argyll Active Exercise Referral Participant)

"We would just like to pass on our thanks for the great service at Rothesay pool and the Bar T class we attended. The staff are so friendly and helpful, offering great advice too. Lots of places can be quite anonymous when you're a visitor, but Rothesay Leisure Centre was the opposite. Smiley reception, lovely pool and tough class! Thanks again!" (Swimming Pool Customer)

"Dear lifeguards Michelle, Anne and Alasdair, than you for your excellent first aid care, when I fell down the stairs on Monday, it transpired that I had broken my wrist. It was expertly re-aligned and plastered at the community hospital. Your group cared for me and made me feel as safe and secure as this baby giraffe on the card. Thank you. Kindest Regards with much Thanksgiving" (Swimming Pool Customer)

CASE STUDY 1

Real people, real results

By gentle encouragement but pushing me to new limits, I have gained strength and can fit into my favourite denim shorts (I have had them since high school)

Lockdown was a strange period and my weight increase was a product of Covid 19. I reached my heaviest weight of 14st in January 2016. I never really lost it and my weight fluctuated similar to other people.

In January 2021, I was watching the programme "Good Morning Ireland" and their TV doctor was encouraging viewers to take part in the 100 days of walking challenge, so I did! Walking gave me the confidence to get back into the gym in Helensburgh, where I enjoyed using the Cardiovascular machines and I met Fitness Instructor Iain McLean, or "my tormentor" as he's affectionately known in my house. I gained the confidence to try new things and had already set myself a Plank challenge when my gym pal and colleague Kay suggested we try the 12 week Gym Challenge.

I can honestly say that I felt challenged throughout the 12 weeks, to the point where my muscles were still sore the following day but that spurred me on to keep going. I previously used to weigh myself weekly but now feel once a month is better and so far since January 2021 I have lost 35 pounds! I owe that partly to the encouragement of Iain and his colleague and PT Instructor Louise.

Through gentle encouragement whilst pushing me to new limits, I have gained strength and can fit into my favourite denim shorts that I have had since high school.



My breathing is much improved, I have more energy and as an Assistant Club Scout Leader with 1st Rhu it's kind of needed! The 12 week programme helps concentrate your mindset into a routine, which enables you to plan your fitness around your daily schedule. It also challenged me to look at all areas of fitness and focus on other areas I would have perhaps not thought about.

I really enjoyed the 12 week challenge as it allowed me to focus on the areas I needed to and to build on what I had achieved so far. The next challenge I have set myself is taking part in the Great Scottish Run in October for Kidney Kids.

You are looking fabulous, Gill, and we wish you the very best of luck in the Great Scottish Run!



CASE STUDY 2

Real people, real results

I signed up for the 12 week challenge to kickstart my weight loss again and learn how to use the gym properly. I was already doing several classes and trying to diet but my weight loss had plateaued. Linda showed me how to manage my calories and macros, and guided me in an evolving fitness programme of classes, weights, cardio and walking. I am significantly fitter, stronger and lighter, and now I have the knowledge, tools and support to continue to my goal. Thanks Linda!

Louise joined the 12 week Gym Challenge as she was keen to become stronger, lose weight, feel more confident using the resistance equipment in the gym and improve her VO2 max.*

Louise is a keen baker who enjoys savouring her tasty creations but has struggled to maintain a healthy weight for most of her adult life. She was recently diagnosed as Prediabetic, which prompted her to review her lifestyle and diet and inspired her to take part in the 12 week Gym Challenge. She was already attending 2-3 fitness classes per week but was otherwise generally inactive, apart from the occasional walk at a slow pace on flat ground.

Louise attended an initial one to one consultation with Linda to define her SMART goals* and was provided with a personalised programme to follow. The programme incorporated strengthening exercises using the fixed resistance machines via a split training routine, which allowed Louise to divide her workouts to focus on different areas of the body on different days. In addition to the Gym based programme, Louise agreed to attend weekly Spin classes alongside continuing to attend her regular Core and 30/30 classes. Louise was also set a home based challenge of walking 2 miles under 20 minutes which she maintained for the first four weeks of the programme. Furthermore, Linda highlighted the benefits of healthy eating and suggested Louise download the app "my fitness pal" on her Garmin watch, which would allow her to keep a diary of all food



and drinks consumed. Louise was encouraged to eat mindfully, consider the quality of the calories she consumed and how different foods and drinks made her feel. Linda also recommended Louise plan her meals in advance to help support her weight loss goals. Louise was disciplined and stuck to a set amount of calories per day and discovered that recording her food intake and planning meals in advance encouraged a reduction in snacking.



Linda also explained the benefits of counting macros when recording food intake and helped Louise determine her daily calorie and macronutrients needs and encouraged her to record them in her food diary to promote health seeking behaviours, rather than just focussing on counting calories.

At the final review, Louise was delighted with the progress she had made in taking positive steps towards achieving her goals along with seeing a marked improvement in her VO₂ max. Louise believes receiving different challenges at every review kept her incentivised.

As to be expected, Louise encountered some barriers along the way, such as feeling a little hungry at times or wondering if she should be eating more. To help counteract this, Linda assured her that creating a small daily calorie deficit was an effective way to achieve weight loss and encouraged Louise to monitor her daily food intake to ensure she was eating an adequate amount. Linda suggested Louise considered how her clothes were fitting, which was a good indication of her changing body shape, rather than the number on the scales any time her weight plateaued.

At the end of the 12 week period, Louise was thrilled to discover she was no longer prediabetic and was pleased with the advice and support she received for the duration of the challenge, both physically and emotionally. She rightly feels proud of how far she has come and is confident she can continue on her fitness journey now she has the tools to do so. She has achieved great results and has not only lost weight but gained confidence, increased her strength and endurance and reports an improvement in her mental wellbeing, resulting in her feeling more energised and happy!

Congratulations, Louise, on a terrific achievement. Your determination and hard work have certainly paid off!

At the second consultation and programme review, Louise was keen to try using new equipment so Linda made sure to include some different exercises to aid compliance and ensure Louise remained challenged and motivated. By this stage, Louise was making good progress, feeling more confident, losing weight and gaining strength.

At the third review, Louise disclosed she was experiencing a plateau in weight loss and strength gains, so to help counter this she was tasked with the challenge of burning 2,500 calories per day by increasing her activity levels further. More cardiovascular exercise was included in her programme and it was recommended she increase the repetitions and sets on the resistance machines, which had the desired effect and assisted with further weight loss.

^{*}VO₂ max – The maximum or optimum rate at which the heart, lungs and muscles can effectively use oxygen during exercise, used as a way of measuring a person's individual aerobic capacity.

^{**} SMART goals - **S** - Specific (How many times per week, where and when?) **M** - Measurable (Can it be a timed or distanced measured goal?)

A - Achievable (How confident are you that you can achieve this goal?) **R** - Relevant (How important is it to you?) **T** - Timed (When are you going to start? Are you going to set a date to achieve this goal?)

CASE STUDY 3

Supporting individuals and building community



Mike joined the Move More programme in September 2020, and attends the Rothesay gentle movement class on a weekly basis.

Please share how you found the content of the gentle movement classes?

The content is ideally suited to my own needs, recovering from cancer treatment, chemotherapy, and a related broken femur. The careful attention of the class leaders during each session also ensures that the content is customised for the condition of each participant.

How have you found the teaching and support from the gentle movement volunteers?

The volunteers have been great, always very supportive and engaged and caring.

How have you found the support from the Move More development officer?

Excellent in every way: clear communications; fast and complete responses to any questions; very positive and supportive and encouraging; well managed sessions; and a clearly articulated concern that all participants feel safe and comfortable.

What impact do you feel the Move More programme has had on your physical activity levels, your physical and psychological wellbeing and on your social connections?

The programme has helped me feel more flexible and less stressed in my daily activities. I am already generally experienced in the use of technology, but now feel more comfortable using Zoom. The programme has helped me learn to relax and destress, stay present, increase my flexibility, and achieve a better balance between gentle exercise, meditation, and rest. Just participating in a community of others in a similar situation has helped me enormously.

The programme has helped me find greater peace and acceptance with my condition, and to be more kind to myself and take things more easily. Each week I feel something let go and relax as I prepare for the session, and the gentle approach is very beneficial. The leaders and volunteers demonstrate their own experience by providing such a peaceful and gentle group environment.

In this time of increased isolation, the sessions provide a weekly anchor, a wee safe space to chat a little with others in a similar situation, share stories, and empathise with one another. This is something that I had been sorely missing, and had been looking, for when I was invited to attend.

CASE STUDY 4

Clubtastic

In February 2022 liveArgyll libraries launched our first children's club at Rothesay Library. Over a period of 6 weeks we offered children of school ages P3 – P7 the opportunity to come along and enjoy fun and games at the library.

For the first three weeks we ran each session with a different theme but always had alternative games and the extremely popular 'search and find books' for any child who did not engage. This worked incredibly well, to such an extent that it encouraged the children who attended to work together as a team to enjoy each session.

The themes were Lego Club, Crafty Crafters and Fun and Games at the Library. The Lego Club worked well with our library team working together with the children to make their own Lego creations. We invested in Lego themed books to help with this. As this was a trial for Clubtastic we took note of the level of engagement required by our team and also gained ideas for how to use this Lego theme, for example creating challenges for the children such as building an item with 50 blue bricks.

Our Crafty Crafters session worked well. The children really enjoyed working with craft paper and designing and making their own baubles, drawing and colouring. The library team worked together with Active Schools to put together the Fun and Games theme. The session was run by the library team and the children loved the games and activities so much so that the children who attended the first block of sessions immediately asked their grown-ups to sign them up for the next three sessions.

Parental feedback was fantastic with one particular family stating that their child "absolutely loved it! She's been asking when it will be on again."



Our library team were incredibly encouraged by the positive changes they noticed in the participants. Particularly one child who was initially hesitant to come into the library to take part in the club but who, by the last session, was eager and excited to attend. Not even having time for a goodbye to their grown up! Also they reported how well the children connected with each other and the library team, sharing their excitement for challenges.



Clubtastic began when we were experiencing large numbers of Covid cases but families reported that they felt safe dropping their children at the library. They wanted them to get back to regular out of school activities and were pleased that our libraries offered this. With such positive feedback we have now begun introducing Clubtastic to more of our libraries and from autumn 2022 we hope to have our children's club in all our main libraries.

CASE STUDY 5

Inclusion at the heart of what we do

The liveArgyll Active Schools team works with schools, clubs and communities across Argyll and Bute to provide a wide range of extracurricular opportunities in physical activity and sport. Equality, diversity and inclusion are a major focus for the team and with the help of different organisations, partners and individuals, programmes are developed to ensure inclusion is at the heart of what we do.

Our Oban Active Schools Coordinator Gillian Walker has worked with staff at St Columba's Primary School to ensure inclusion in physical activity is a priority for their pupils. Yannick is a pupil in primary six who has spina bifida. His Mum, Sally, is incredibly supportive and is very keen for Yannick to be involved in as much as possible in and out with school.

"Sport has had a transformative impact on his life. He has gained confidence, a sense of self-worth, and the ability to take part in teams. It has transformed his social skills."

Gillian works with St Columba's pupils to offer opportunities to participate in physical activity and sport, and supports a leadership programme within the school.

"As the Active Schools Coordinator, I worked alongside the school to encourage and support Yannick to be involved and to promote the school to be more inclusive in sport. As Yannick is really enthusiastic and passionate about sport we are trying to create more opportunities for him. Yannick has a passion in basketball and swimming, which he excels in so we are doing what we can to ensure he can participate and compete."

With a pro-active approach the school invited the organisation 'Go Kids Go' to run a session on wheelchair skills for Yannick, which also allowed other pupils in his class to use a wheelchair and play alongside their peers.



Collaboration between a range of partners has been a huge factor in providing Yannick with opportunities and has recently led to him being involved in wheelchair basketball sessions organised by basketballscotland.



In March 2022, Yannick travelled to Linwood in Renfrewshire to the annual Parasport Festival hosted by Scottish Disability Sport, the governing body of disability sport in Scotland. The Parasport Festival introduces young people in mainstream schools with physical and sensory disabilities, to a variety of sports including, swimming, tennis, athletics, judo, table tennis, boccia, and football.

Because of his tenacity and ability, Yannick was talent spotted by a number of different sports coaches, but it was basketball that really sparked an interest. Scottish Disability Sport identified a local volunteer coach, Peter Odoom, to assist Yannick in one to one coaching sessions. Yannick has certainly set the bar high and said -

"Sport is fun to do and I want to be in the Paralympics."

Yannick has now attended a number of wheelchair basketball sessions in Glasgow and Perth organised by basketballscotland. basketballscotland is a fully inclusive governing body and has a fantastic wheelchair basketball pathway, from participation to Paralympic level.

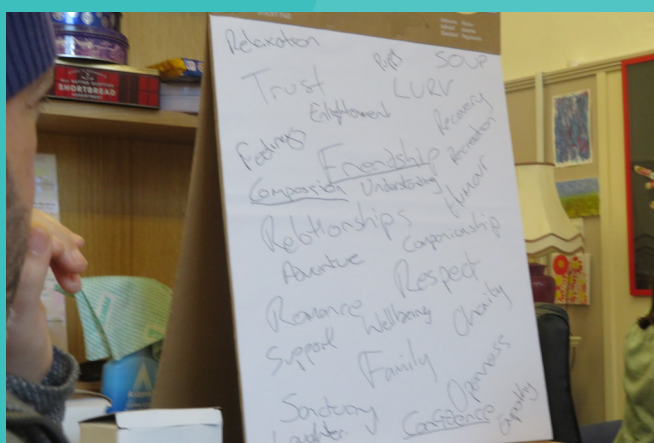
The importance of inclusion in the Active Schools programme is paramount, and the variety of partners working together for the benefit of young people is a brilliant example of the collaborative nature of ensuring everyone is included, and highlights the impact sport and physical activity makes.

Yannick has a very bright future ahead!

CASE STUDY 6

Making mindful music

The liveArgyll Community Learning (CL) Team in Kintyre worked in partnership with The Kintyre Link Club, a local mental health club run by members for members, with its main aim being to promote the welfare of those who suffer or have suffered from mental ill health.



The group participated in the Community Learning and Development (CLD) Community Consultation Exercise, in which Health and Wellbeing came out as top in their main priorities within the Core Themes. The CL team then carried out further consultations with the group members who came up with the idea of writing and producing a song about the Link Club to promote it to the wider community.



The Link Music Club Project introduced them to writing and producing music with the aim of improving the participants' general wellbeing, reducing isolation and promoting wellness.

Learner evaluations / Feedback



"Music and song craft is about people; before I had these classes I knew how to write songs but the social contact has made me more skilful, especially working as a team and using collaboration and other people's ideas. Before I was on my own now I can work with others."

"Such a great opportunity to learn something I would never have had before. It was such fun working with others and also having the support of the Link Club, Dawn & Jamie"

"The Link Club Music Project with Jamie and Dawn has been excellent. A lot of fun and great therapy. We would love more music activities. The whole Link Club felt more positive! Thank you!"



DIGITAL MARKETING



Leisure Link Partnership

Access leisure facilities across Scotland with your liveArgyll membership



Introducing



NEW



Make life easy when booking fitness classes and updating your membership details!

Exclusive to Members Only

Download the liveArgyll App from your app store




ADULT AND CHILD CLASSES

Booking now available



Interested in training to become a pool lifeguard?

RLSS LIFEGUARD COURSE

28TH MARCH - 1ST APRIL

£100 (new cost)

Prerequisite swimming competency test required. For more information or to register your interest contact Aqualibrium.

01586 551212
aqualibrium@liveargyll.co.uk





Putting

Queen's Hall, Dunoon

Pay to play at reception. No booking required.





SINGLE MEMBERSHIPS

Unlimited access to Gyms, Swimming Pools and Fitness Classes

ONLY 82p PER DAY*

Single Memberships £24.99 per month

SEPTEMBER SPECIAL OFFER

Your Health and Wellbeing should come first. Join liveArgyll, let us help you achieve your personal goals and support you on your fitness journey!

JOIN NOW
liveargyll.co.uk
NO JOINING FEE

- FREE GYM INDUCTION and a monthly programme review
- Choose from our GREAT FITNESS FACILITIES with enthusiastic & supportive staff, 5 Gyms and 4 Swimming Pools across Argyll and Bute
- Wide choice of **INDOOR AND ONLINE** fitness classes

live Argyll

Taxi: 2 kits per family membership and the kit can be redeemed once a year per member and membership.



FAMILY MEMBERSHIPS

Unlimited access to Gyms, Swimming Pools and Fitness Classes

ONLY £1.20 PER DAY*

Family Memberships £39.99 per month



Easter Clubbastic
Rothesay Library

Lego
Wednesday 6th April 2-3pm

Easter Crafts
Wednesday 13th April 2-3pm

Pop into the library to register




FREE STARTER KIT FOR NEW MEMBERS

ONLY 82p PER DAY*

12 WEEK PERSONALISED CHALLENGE

FEEL STRONGER, HEALTHIER & MORE ENERGISED

Smash your goals with a customised plan

As part of our affordable membership, from just 82p a day, gain access to our exclusive* challenge, including:

- An initial interview to set your goals and introduce you to the liveArgyll community
- A programme designed to suit your lifestyle supported with **myzone**
- A free gym, swimming pool and facility tour
- Monthly 21 sessions to review your goals and adjust your plan
- Unlimited access to gym, swim, social fitness classes, online fitness class programme, nutritional guidance and health and fitness magazines

JOIN NOW
liveargyll.co.uk
NO JOINING FEE



*Small capacity, challenge only available to 30 members per week.



FITNESS PROGRAMMES

BEGINNER > INTERMEDIATE > ADVANCED




JUNIOR CIRCUITS FOR MEMBERS!

*Junior and family members aged 8-13 can join us for junior circuits.




updated pool timetable



The new What's On webpage allows for filtering by town and/or type of event. Additional buttons have been added to each event so customers can quickly and easily buy tickets from this page, without having to click through the individual event page and from there then through to the relevant ticket page.

Simon and Garfunkel Through the Years
 July 14, 2022
 Queen's Hall
 £22
 BUY TICKETS
 MORE INFO

Simon & Garfunkel – Through The Years
 July 15, 2022
 Corran Halls
 £22
 BUY TICKETS
 MORE INFO

Scottish Chamber Orchestra
 July 21, 2022
 Queen's Hall
 £16
 BUY TICKETS
 MORE INFO

Clanadonia
 July 29, 2022
 Queen's Hall
 £15
 BUY TICKETS
 MORE INFO

A night out with liveArgyll! Check out our full schedule of events on our website: <https://liveargyll.co.uk/whats-on>

WHAT'S ON @ CORRAN HALLS 2021

- FRI OCT 17** THE FREEMAN AND GREEN EXPERIENCE
 Doors open 7pm
 Tickets: £22
 Available from www.ticketcity.com
- FRI OCT 1** STARS OF BRISK COUNTRY
 Doors open 7pm
 Tickets: £22 - booking for
 Available from www.ticketcity.com
- SAT OCT 9** LIVEWIRE - AG-DC THURIE
 Doors open 7pm
 Tickets: £22 - booking for
 Available from www.ticketcity.com
- SAT OCT 10** BEL AMITO
 Starts: 7:30pm
 Tickets: £22 - booking for
 Available from www.ticketcity.com
- FRI NOV 6** SIMON & GARFUNKEL THROUGH THE YEARS
 Doors open 7pm
 Tickets: £22 - booking for
 Available from www.ticketcity.com

1,612 People reached 190 Engagements - Distribution score Boost Unavailable

5 16 comments 3 shares

NOW ON SALE
 Gordon Buchanan - 30 Years in the Wild - The Anniversary Tour 🎉

For the first time, join Gordon as he looks back at his incredible 30 years working both behind and in front of the camera. As one of the most prominent wildlife presenters and filmmakers today, Gordon will share his favourite wildlife encounters, never before seen footage and fascinating behind the scenes insights.

T... See more

621 People reached 56 Engagements - Distribution score Boost Unavailable

11 2 shares

What a night with Peat & Diesel great to have live music back at the Corran Halls #LiveArgyll

0:07 / 0:17

917 People reached 282 Engagements Boost Unavailable

20 3 shares

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Download the PressReader app here: <http://ow.ly/X55U50FjF34> ... See more

How to access PressReader using your library card

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- 1 Download and launch the PressReader app
- 2 Select "Libraries & Groups" option

pressreader

- 3 Select your local library
- 4 Enter your library card number and pin
- 5 Sign-in

pressreader

1,591 People reached

23 Engagements

Boost Unavailable

2

11 shares

LOOKING AHEAD

Senior management and Board members continuously review both the local and wider national operating environment for all our service areas to ensure that wherever possible the company is well placed to maximise opportunities from emerging trends or data.

Our planning processes incorporate the systematic examination of potential threats, opportunities and likely future developments including, but not restricted to, those that are at the margins of current thinking and planning. This combination of inward and outward review supports the company's growth and participation objectives and allows a pro-active approach to service provision.

Our immediate focus will be a return to pre-pandemic levels of service and income however we are very mindful of the impact of consumer confidence alongside the current cost of living crisis which is a concern for an organisation primarily sourcing income from the disposable income aspect of citizen's finances.

The positive contribution of culture and leisure on people's health and wellbeing is well documented however a lack of public finances may jeopardise the sustainability of these valuable services. Investment in Leisure and Library type activity must be seen as an investment in Health and Wellbeing and as such we intend to place a significant focus on our equality and wellbeing agenda ensuring that liveArgyll is seen and recognised as a significant contributing partner and that the wider social value of our many services is truly recognised.

We have a number of branding, marketing and operating initiatives targeted at these areas. A key aspect of our approach will be to highlight, promote and reinforce the message that our services are open and safe, our product offering remains excellent value for money, together with strong messaging around the very many health and wellbeing benefits associated with our activities. Our low affordable price point will also be a key driver as disposable incomes are squeezed and we hope to be able to sustain our pricing model at the lower end of the market.

Our services are continuously evolving. We will look to continue to maximise all opportunities to improve our reach, to ensure that wherever possible our services are fully accessible. Digitalisation and automation of both back-office and customer facing processes will be a key priority moving forward.

We will look to continue to develop and expand the range of digital offerings within our Library and Archive Service. Our Community Learning and Active Schools services are performing well. Our focus will be on further developing existing and new partnerships, co-working and increasing the number of volunteers who actively contribute to these valuable services.

During 2022 we expect the new Helensburgh Leisure Centre to become operational. This provides liveArgyll with a modern well equipped centre in one of the larger populated areas of Argyll and Bute therefore will undoubtedly provide the opportunity to significantly increase our offering and provides a major tool to support our participation, quality and growth objectives.

Our staff are our best asset. In order to achieve our many aspirations it is important to have a motivated and well-trained workforce who feel confident and comfortable in their workplace. A range of corporate and specific individual training offerings will be put in place which will allow opportunities for self-development and the upskilling of the wider staff group. Similarly we intend to review our working arrangements and associated flexibilities that now form part of modern practice.

liveArgyll is, and always will be, a customer focused organisation. Wherever possible we will endeavour to fully meet our customer needs within our available resources. We aim to be a progressive, inclusive organisation that provides accessible, attractive and affordable services.

Kevin Anderson
General Manager



FINANCIAL STATEMENT

Consolidated Statement of Financial Activities (incorporating the income and expenditure account) for the year ended 31 March 2022

	Note	Unrestricted Funds £	Restricted Funds £	Pension Fund £	Total Funds 2022 £	Total Funds 2021 £
Income:						
Donations and legacies	5	350,001	1,569	-	351,571	1,914,078
Charitable activities	4	2,123,703	739,779	-	2,863,481	872,678
Management fee	4	3,937,594	-	-	3,937,594	3,788,545
Other trading activities		-	-	-	-	-
Total income		6,411,298	741,348	-	7,152,646	6,575,301
Expenditure:						
Charitable activities	6	(6,142,457)	(791,330)	(1,378,000)	(8,311,787)	(5,811,441)
Other trading activities		-	-	-	-	-
Total expenditure		(6,142,457)	(791,330)	(1,378,000)	(8,311,787)	(5,811,441)
Net income / (expenditure)		268,841	(49,981)	(1,378,000)	(1,159,141)	763,860
Transfers between funds		-	-	-	-	-
Other recognised gains / (losses):						
Actuarial gains / (losses) on defined benefit pension schemes	15	-	-	3,217,000	3,217,000	(3,621,000)
Net movement in funds		268,841	(49,981)	1,839,000	2,057,859	(2,857,140)
Reconciliation of funds:						
Total funds brought forward		1,661,474	174,085	(5,389,000)	(3,553,441)	(696,301)
Total funds carried forward		1,930,314	124,104	(3,550,000)	(1,495,582)	(3,553,441)

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derives from continuing activities.

FINANCIAL STATEMENT

Company Statement of Financial Activities (incorporating the income and expenditure account) for the year ended 31 March 2022

	Note	Unrestricted Funds £	Restricted Funds £	Pension Fund £	Total Funds 2022 £	Total Funds 2021 £
Income:						
Donations and legacies	5	350,001	1,569	-	351,571	1,914,078
Charitable activities	4	2,123,703	739,779	-	2,863,481	872,678
Management fee	4	3,937,594	-	-	3,937,594	3,788,545
Total income		6,411,298	741,348	-	7,152,646	6,575,301
Expenditure:						
Charitable activities	6	(6,142,457)	(791,330)	(1,378,000)	(8,311,787)	(5,811,441)
Total expenditure		(6,142,457)	(791,330)	(1,378,000)	(8,311,787)	(5,811,441)
Net income / (expenditure)		268,841	(49,981)	(1,378,000)	(1,159,141)	763,860
Transfers between funds		-	-	-	-	-
Other recognised gains / (losses):						
Actuarial gains / (losses) on defined benefit pension schemes	15	-	-	3,217,000	3,217,000	(3,621,000)
Net movement in funds		268,841	(49,981)	1,839,000	2,057,859	(2,857,140)
Reconciliation of funds:						
Total funds brought forward		1,660,395	174,085	(5,389,000)	(3,554,520)	(697,380)
Total funds carried forward		1,929,236	124,104	(3,550,000)	(1,496,660)	(3,554,520)

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derives from continuing activities.

FINANCIAL STATEMENT

Consolidated Balance Sheet as at 31 March 2022

	Note	£	2022 £	£	2021 £
Current assets					
Stock	12	20,530		8,097	
Debtors	13	104,855		80,489	
Cash and cash equivalents		2,638,176		2,231,061	
Total current assets		2,763,561		2,319,647	
Current liabilities					
Creditors: amounts falling due within one year	14	(709,143)		(484,088)	
Net current assets		2,054,418		1,835,559	
Net assets excluding pension liability		2,054,418		1,835,559	
Defined benefit pension scheme liability	15	(3,550,000)		(5,389,000)	
Net liabilities		(1,495,582)		(3,553,441)	
Funds					
Unrestricted funds	16	1,930,314		1,661,474	
Restricted funds	16	124,104		174,085	
Pension reserve	15	(3,550,000)		(5,389,000)	
Total Funds		(1,495,582)		(3,553,441)	

FINANCIAL STATEMENT

Company Balance Sheet as at 31 March 2022

	Note	£	2022 £	£	2021 £
Fixed assets					
Investments	11		1		1
Total fixed assets			<u>1</u>		<u>1</u>
Current assets					
Stock	12	20,530		8,097	
Debtors	13	104,855		80,489	
Cash and cash equivalents		2,637,097		2,229,981	
Total current assets		<u>2,762,482</u>		<u>2,318,567</u>	
Current liabilities					
Creditors: amounts falling due within one year	14	(709,143)		(484,088)	
Net current assets			<u>2,053,339</u>		<u>1,834,479</u>
Net assets excluding pension liability			2,053,340		1,834,480
Defined benefit pension scheme liability	15	(3,550,000)		(5,389,000)	
Net liabilities		<u>(1,496,660)</u>		<u>(3,554,520)</u>	
Funds					
Unrestricted funds	16	1,929,236		1,660,395	
Restricted funds	16	124,104		174,085	
Pension reserve	15	(3,550,000)		(5,389,000)	
Total Funds		<u>(1,496,660)</u>		<u>(3,554,520)</u>	

FINANCIAL STATEMENT

Operating results (excluding the pension liability adjustment)

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Income:				
Donations and legacies	350,001	1,569	351,571	1,914,078
Charitable activities	2,123,703	739,779	2,863,481	872,678
Management fee	3,937,594	-	3,937,594	3,788,545
Total income	6,411,298	741,348	7,152,646	6,575,301
Expenditure:				
Charitable activities	(6,142,457)	(791,330)	(6,933,787)	(5,259,441)
Total expenditure	(6,142,457)	(791,330)	(6,933,787)	(5,259,441)
Net income / (expenditure)	268,841	(49,981)	218,859	1,315,860
Transfers between funds	-	-	-	-
Surplus/(deficit) from operations	268,841	(49,981)	218,859	1,315,860

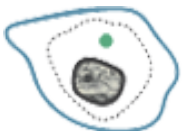
The operating results for liveArgyll for the year ended 31 March 2022, excluding the pension adjustment, report an overall surplus of £218,859.

THANK YOU

Thank you to our partners, funders and stakeholders for their invaluable support throughout the year. As a local charity we couldn't achieve what we do without you!



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